Karmanos patients feel comforted and hopeful, knowing they have access to leading technologies and the most advanced cancer treatments available that meet their distinct needs and fit their lifestyle.



# ADVANCING CANCER CARE

# **GENETIC COUNSELING AND TESTING**

Anyone concerned about their risk of breast and other cancers can receive an evaluation from Karmanos' genetic counseling specialists, who base their assessments on personal and family cancer history and other risk factors. People we counsel want to learn more about their risks so that they and their doctors can make appropriate screening and treatment decisions.

# **SUPPORTIVE SERVICES**

From your first visit, Karmanos is ready to help you every step of the way. Our Patient Concierge Services provide a single person to help coordinate your care. We will help complete the registration process, collect referring and financial information, and schedule an initial appointment with the appropriate Karmanos specialist. A Karmanos Nurse Navigator will support you through treatment by coordinating your appointments and diagnostic tests, arranging treatment referrals, and providing patient education and pain management care.

Karmanos understands that superior cancer care also takes into account the patient's mind, body and spirit. That's why we offer a variety of support groups, counseling services, educational programs and other therapies and services. Through this extra care and support, we ensure that patients and caregivers have the resources needed to have a successful journey through cancer.

Karmanos Cancer Center is the only National Cancer Institute-designated comprehensive cancer center in metro Detroit and one of just 41 centers of its kind in the United States. That means patients can access treatments exclusive to Karmanos as well as clinical trials, cancer prevention programs and multidisciplinary teams of cancer specialists—a comprehensive approach you cannot find at a community hospital. Because comprehensive cancer centers are at the forefront of cancer research, they can often handle patient cases that are more complex.



To receive the NCI designation, a hospital must demonstrate expertise in research, laboratory, clinical and population-based research. Hospitals must also provide early-phase clinical trials

and conduct community outreach and educational activities. Karmanos is conducting more than 700 cancer-specific scientific investigation programs and clinical trials.

The scientific advances Karmanos researchers make every day help determine treatment options and guide treatment courses. We're at the forefront of offering treatments that define the new standards of care. Our research programs, which are unique to Karmanos, are bringing safe, effective and groundbreaking treatments from the laboratory bench to the patient's bedside. In fact, Karmanos offers more cancer treatments not available anywhere else in Michigan.

If you've been diagnosed with breast cancer, it's important to be evaluated by breast cancer experts before beginning treatment.

We can help.

Call for an appointment today.

1-800-KARMANOS

(1-800-527-6266)

or visit karmanos.org

The Barbara Ann Karmanos Cancer Center

**Detroit – Farmington Hills – Monroe** 



At the Detroit Medical Center

Better treatments. Better outcomes.



KARMANOS SPECIALISTS

# BREAST CANCER



KARMANOS

At the Detroit Medical Center

Better treatments. Better outcomes.



# SETTING THE STANDARD

**Your first chance at beating cancer** is your best chance. Your best chance is to consult the cancer experts at the Barbara Ann Karmanos Cancer Center.

Our physicians specialize in the evaluation, diagnosis and treatment of specific types of cancer. In fact, Karmanos is the only hospital in Michigan focused solely on cancer. That means we're completely devoted to offering every patient the best treatment options that lead to the best possible outcomes.

From ground-breaking research to the most up-to-date therapies and individualized treatment plans, Karmanos is truly blazing the path forward in the fight against cancer. We're committed to being at the forefront of cancer treatment and offering tomorrow's standard of care today. Because our physicians are leaders in their specialities, you can be assured of having access to the most advanced therapies available.

The breadth and depth of our knowledge, experience and individual expertise, coupled with our multidisciplinary team approach, makes Karmanos uniquely qualified to offer every patient the best chance for a successful outcome.



There are many different types of breast cancer, including non-invasive, invasive, recurrent and metastatic. Karmanos physicians are experts in treating all of these types and can provide a comprehensive treatment plan that meets your needs and fits your lifestyle.



#### **BREAST CANCER EXPERTS**

Our Breast Cancer Multidisciplinary Team includes surgical oncologists, medical oncologists, radiation oncologists, radiologists, pathologists, plastic surgeons, pharmacists, specialized nurse practitioners, dietitians, social workers, and genetic counselors. The team shares its collective expertise to create a customized treatment plan for each patient.

The team is also entirely focused on breast cancer. Its oncologists and surgeons have completed additional training in treating breast disease. Our skilled plastic surgeons offer both implant and tissue-based reconstructive options. Because our accredited radiologists meet rigorous standards, the American College of Radiology has designated us as a Breast Imaging Center of Excellence. Our radiologists are highly trained in reading breast scans—and their input is critical to setting the best course for your treatment.

In addition, Karmanos physicians are faculty members at Wayne State University School of Medicine, sharing their knowledge, expertise and research to teach the next generation of oncologists further advance cancer care.

If you've been diagnosed with breast cancer, it's important to be evaluated by breast cancer experts before beginning treatment. We can help.

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(I-800-527-6266) or visit karmanos.org

## **EVALUATION AND DIAGNOSIS**

Each patient receives personal attention from the Breast Cancer Multidisciplinary Team. During your initial visit, a physician will review your medical records and medical history, and review your mammograms, x-rays and pathology slides. The breast cancer team meets regularly to discuss patient care issues and refine individual patient treatment plans.

Depending on your case, Karmanos may also perform real-time breast imaging and diagnostic studies. A single breast tumor can be a combination of types or a blend of invasive and in-situ cancer. Whether you have ductal carcinoma, lobular carcinoma, or a less common type like triple-negative breast cancer, our specialized breast cancer radiologists will evaluate your scans and make sure the proper diagnosis is made.

# INNOVATIVE. INDIVIDUALIZED CARE

Karmanos understands that cancer is a complex disease that demands complex care—we don't follow a standard approach to fighting cancer.

Here's what patients can expect from our Breast Cancer Multidisciplinary Team:

- A passionate, caring, expert team, giving you the best chance of success.
- A collaborative approach that considers all available treatment options, including clinical trials, for your specific type of breast cancer.
- A carefully constructed treatment plan designed to achieve the best possible outcome.
- Respectful, compassionate care that is responsive to your emotional needs and lifestyle.
- Proactive, timely communication with you and your loved ones, and your personal physician.

#### WOMEN'S WELLNESS CLINIC

Karmanos not only offers specialists in breast cancer, we have highly-trained nurse practitioners who are focused on overall breast and women's health and wellness. The Women's Wellness Clinic at our Alexander J. Walt Comprehensive Breast Center in Detroit and Weisberg Cancer Treatment Center in Farmington Hills offers these services:

- Continued care and monitoring for breast cancer patients after treatment, in coordination with the patient's oncologist or surgeon and primary care doctor
- Assessments for new patients with new breast problems (pain, lump, asymmetry, nipple discharge, abnormal imaging, second opinion)
- Well-breast care, including clinical breast exams on the same day as a mammogram and a review of preliminary results
- Assessments, counseling and monitoring for elevated risk for breast cancer
- Assessment and treatment of menopausal symptoms
- Recommendations for chemoprevention/increased imaging/increased surveillance
- Treatments to address lymphedema, drug induced menopause and other issues related to cancer therapy.



At the Detroit Medical Center

# MULTIDISCIPLINARY TEAM

# BREAST CANCER

#### **TEAM LEADER**

Michael S. Simon, M.D., MPH, Medical Oncologist

#### **GENETIC COUNSELORS**

Michael S. Simon, M.D., MPH, *Director, Genetic Counseling* Nancy Petrucelli, MS, CGC, Genetic Counselor

## **MEDICAL ONCOLOGISTS**

Lawrence E. Flaherty, M.D. Elaina Gartner, M.D. Sayeh Lavasani, M.D.

#### PLASTIC & RECONSTRUCTIVE SURGEON

Guillermina Nava, M.D.

#### **RADIOLOGISTS**

Sharon Helmer, M.D. Peter Littrup, M.D. Julie Shultz, M.D. John Stucka Jr., D.O.

#### **RADIATION ONCOLOGIST**

Andre Konski, M.D., MBA, MA, FACR Jordan Maier, M.D.

#### SURGICAL ONCOLOGISTS

Keiva Bland, M. D. Lydia Choi, M.D. David H. Gorski, M.D., Ph.D. Pamela Johnson, M.D. Elizabeth Kim, M.D. Mary Ann Kosir, M.D.

# WOMEN'S WELLNESS CLINIC NURSE PRACTITIONERS

Lisa Chism, DNP, APRN, CNMP Catherine Nichols, NP Christne Rymal, NP

# **I-800-KARMANOS**

# KARMANOS CANCER CENTER

**Primary Treatment Facilities** 



Karmanos Cancer Center 4100 John R, Detroit, MI 48201



Lawrence & Idell Weisberg
Cancer Treatment Center
31995 Northwestern Hwy., Farmington Hills, MI 48334



Monroe Cancer Center Radiation Only 800 Stewart Road, Monroe, MI 48162

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Better Treatments. Better Outcomes.

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